



Football season is underway and now is an excellent time to test your financial fitness!!

So, you may wonder what football has to do with financial fitness? Well, I'll tell you... Visa USA has partnered with the NFL to help students (and all those young at heart) enjoy learning valuable financial concepts while playing their favorite sport...pro football! The game is called...what else... [Financial Football!](#)

[Financial Football](#) covers these topics:

Budgeting

Saving

Identity Theft

Financial Institutions

Life Events

Debt

Credit

What's your knowledge level of the game? Rookie, Pro or Hall of Famer?

[Financial Football](#) learning modules are age appropriate too; it's a great way to introduce financial concepts to your middle school through college aged students or family members.

So, what do you know about identity theft, managing life events, or even understanding your credit union? Are you ready to test what you know? I'm issuing a challenge to all football fans...test your financial skills using [Financial Football](#). Members can play solo, or team up with a bestie and play this action packed game while you learn invaluable information that will impact your life decisions!

Also, this is an excellent and engaging tool for teachers to use. I'd love to hear from each member that accepts my challenge to play! Email me at katrina.peerman@vsufcu.org and send a screenshot of your high score, you never know, you just may be featured in one of my upcoming blogs!

Before I go, I want to remind everyone that October is Breast Cancer Awareness Month. The [American Cancer Society](#) has a site specifically

addressing breast cancer in African American Women, called [Voices of Black Women](#). Another website providing 7 resources for addressing breast cancer in African American women is [Everyday Health](#). These are just a few sources that I've found helpful.

Until next time, be safe and be well!